

ORDINARY MIND ZEN—AUSTIN

Zen practice in the tradition of Joko Beck

913 EAST 38TH STREET, AUSTIN, TEXAS 78705

APPLICATION FOR PRACTICE INTENSIVE

Please print clearly to avoid delay in processing your application, and please fill out this form completely.

Name _____ Age _____ Gender _____

Address _____ City _____ State _____ Zip _____

Home phone _____ Work phone _____

e-mail _____

Emergency contact (name) _____ (phone) _____
(must be blood relative or spouse)

The intensive for which you are applying:

April 4-6, 2008 – three day- Flint Sparks and Peg Syverson, leaders

Note: Please enclose your fee with your application

Intensive fee: \$75 before March 10, \$100 March 10 or later, due with this application. Costs include three meals on Saturday and two meals on Sunday. A limited number of full or partial scholarships are available. Please include a brief explanation of your request with this application.

Have you ever attended trainings/workshops/retreats with Flint ___Yes ___No

Have you ever attended other Zen sesshins? ___Yes ___No ___Number

Date/location/teacher of your most recent intensive/sesshin

In the following space please write a few sentences on why you want to attend this intensive:

Please be sure to arrive by 6:30 pm the first night. Orientation for newcomers will be conducted and those with particular jobs will be given instruction at this time. The last day will end about 3:00 pm.

Work Skills (circle): cooking, shopping prior to sesshin, electrical, carpentry, painting, computer, gardening, flower arranging, jobs prior to the intensive, other:

Physical conditions limiting participation: _____

I agree to maintain a daily sitting practice from the time of this application through the intensive. I will participate in the entire schedule, including interviews, zazen, talks, meals, work, and any assigned tasks. I will be on time for all activities. I understand that my physical, mental, and emotional well being are my own responsibility. Zen practice is not a substitute for therapy. I am capable of undertaking the rigors of an intensive at this time. I am seeking medical or therapeutic treatment for any condition(s) I have, and have revealed all pertinent information on this form. I will sign a waiver releasing Ordinary Mind Zen from accident and injury liability.

Talks and their question and answer sessions are recorded and will be made publicly available. Inquiry group sessions are recorded for supervisory purposes only and will not be made publicly available without express consent of participants involved.

Please note: intensives are rigorous. If you have special dietary needs, please let us know in advance; you may need to provide your own food. Also note that we make no guarantee of a bed; if you are traveling from a distance, please let us know what accommodations you need.

Signature _____

Legibly printed name _____

ALL BLANKS ON APPLICATION FILLED IN? ___ Yes ___ No

Questions? Call 512.689.5301 or email pegsyverson@gmail.com

Mail in this form or drop off: Attention Intensive Coordinator.

Ordinary Mind Zen-Austin
913 East 38th St.
Austin, TX 78705

We will notify you as soon as decisions have been made.

**This page is required if you have not attended an intensive led by Flint or Peg before.
Your application will not be processed unless this is filled out completely**

For those of you who have not attended a sesshin with Flint or Peg, please fill out the following information. *All information in this section is strictly confidential.* However, we need this information on record for your safety.

1. Have you ever been hospitalized for any psychiatric disorder? Yes____ No____(if yes, please explain briefly)

2. Are you currently in therapy? Yes____ No____(if yes, please explain briefly)

3. Are you taking prescription drugs for any psychiatric disorder? Yes____ No____(if yes, please explain briefly)

4. Have you ever been in psychological counseling/therapy? Yes____ No____(if yes, please explain briefly)

5. Do you have any physical problems that we should be aware of? Yes____ No____(if yes, please explain briefly)

6. Do you require special sleeping arrangement? (intensives are rigorous; most people sleep on mats, beds are not guaranteed) Yes____ No____(if yes, please explain briefly)

7. Are there special foods/diet you require? Yes____ No____(if yes, please explain briefly)

8. Please list here any additional issues we should be aware of about your participation in the intensive: You may continue on the back of this sheet, if necessary.